

# ELIXIR OF BODHICHTTA

THE MACHINERY OF THE SOUL

PART 10

# MOTIVATIONS FOR SPIRITUAL WORK

Ordinary  
Motivation

Reduce suffering in the here and now,  
and to produce favorable future  
conditions.

Greater  
Motivation

Achieve the state of Nirvana, Salvation,  
Liberation, etc.

Limitless  
Motivation

Complete awakening of consciousness  
for the benefit of all beings.

# BODHICHITTA

Bodhi means enlightenment or wisdom. Chitta means mind. Literally, bodhichitta is enlightened mind or the mind of wisdom.

This term has different levels of application.

1. Outer: compassionate motivation to achieve enlightenment to work for the liberation of all beings.
2. Inner: comprehension of the real nature of reality, emptiness.
3. Secret: continuum of subtle creative energy.

# ASPIRATIONAL BODHICHITTA: CULTIVATING THE FOUR IMMEASURABLES

Immeasurable Love

Immeasurable Compassion

Immeasurable Joy

Immeasurable Equanimity

# ASPIRATIONAL BODHICHTTA: CULTIVATING THE FOUR IMMEASURABLES

Immeasurable  
Equanimity

Contemplate emotional attachments and aversions, resentments, strong swings of emotion. Due to impermanence, strangers become friends, friends become enemies, etc. "May all beings be at peace."

Immeasurable Love

Everyone, without exception, wants happiness and does not want suffering. Cultivate the seeing of all actions of self and other through this view. "May all beings be happy."

Immeasurable  
Compassion

Contemplate the state of being of all those who suffer and cultivate the wish to see them free from this suffering. "May the causes of their suffering be removed."

Immeasurable Joy

Rejoice in the happiness of others. Find happiness in the fact that others are experiencing happiness. "May all beings be joyful."

# TRANSFORMING POISON INTO ESSENCE



And thus bodhisattvas are likened to peacocks:  
They live on delusions – those poisonous plants.  
Transforming them into the essence of practice,  
They thrive in the jungle of everyday life.  
Whatever is presented, they always accept,  
While destroying the poison of clinging desire.

The Wheel of Sharp Weapons Effectively Striking the Heart of the Foe

# ELEMENTS OF MENTAL CONSTRUCTS

Just like the elements  
of earth, water, fire, and wind,  
Bodhisattvas do not remain trapped  
by mental constructs.

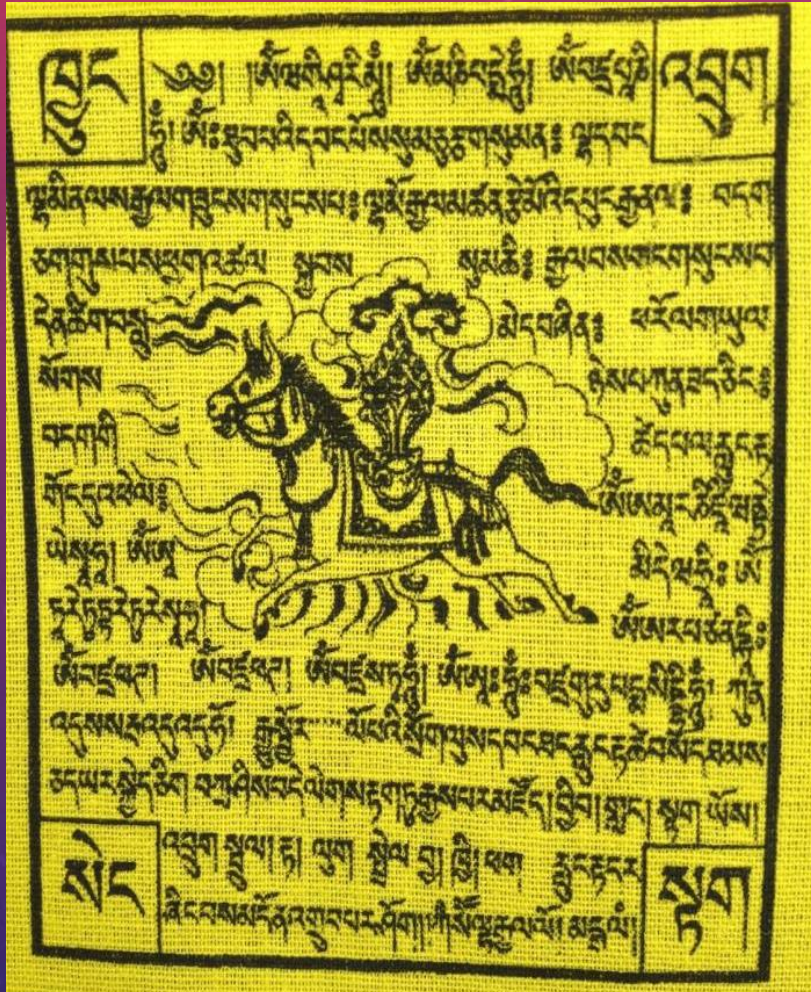
Prayer of Arya Maitreya

# EXTRACTING THE BODHICHITTA

Element	Quality	Poison	Extract	Paramitas
Space	Expansiveness	Ignorance, Confusion	Gnosis	Profound Wisdom
Air	Mobility	Distraction, Discursion	Discernment	Meditative Concentration
Fire	Intensity, Clarity	Aversion, Hatred	Love, Compassion	Spiritual Enthusiasm
Water	Fluidity, Adaptability	Attachment, Lust	Transmutation, Strength	Patience Ethical Discipline
Earth	Solidity, Grounding	Pride, Laziness	Humility, Diligence	Generosity



# LUNG-TA, THE WIND HORSE ENERGY



Lung-ta means wind horse or river horse.

Tibetan prayer flags are called Lung-ta and are the colors of the elements.

Lung-ta are traditionally hung atop mountains or stupas, representing the superior space, akasha.

The lungta is our vital energy which runs through our nervous system.

# THE FOUR ETHERS OF YESOD, THE VITAL BODY

Superior

Luminous

Sensory Perception,  
both internal and  
external

Reflecting

Memory, Imagination,  
and Willpower

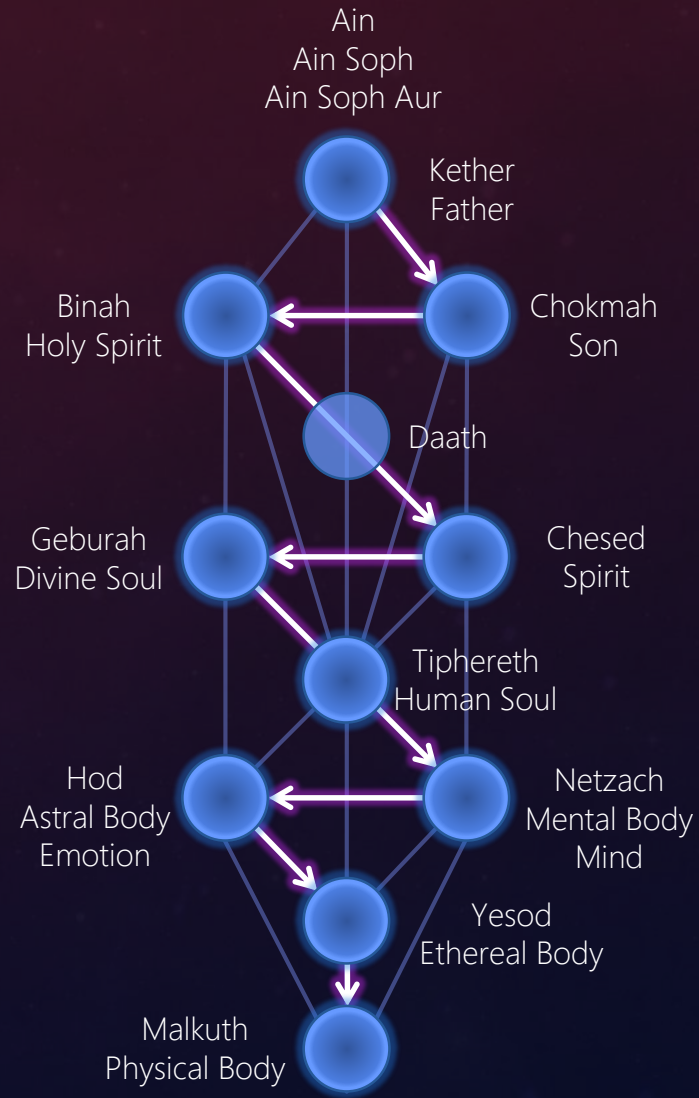
Inferior

Chemical

Metabolism,  
biochemical processes

Ether of Life

Sexual Reproduction



# REFLEX OF SEXUAL ENERGY & CRYSTALLIZATION OF CONSCIOUSNESS

The marvelous reflex of the sexual energy in a form of a luminous whirlwind, like when a ray of light returns after crashing against a wall, comes to crystallize within ourselves as the Auric Flower. Thus, this establishes within the neophyte a permanent center of Consciousness.

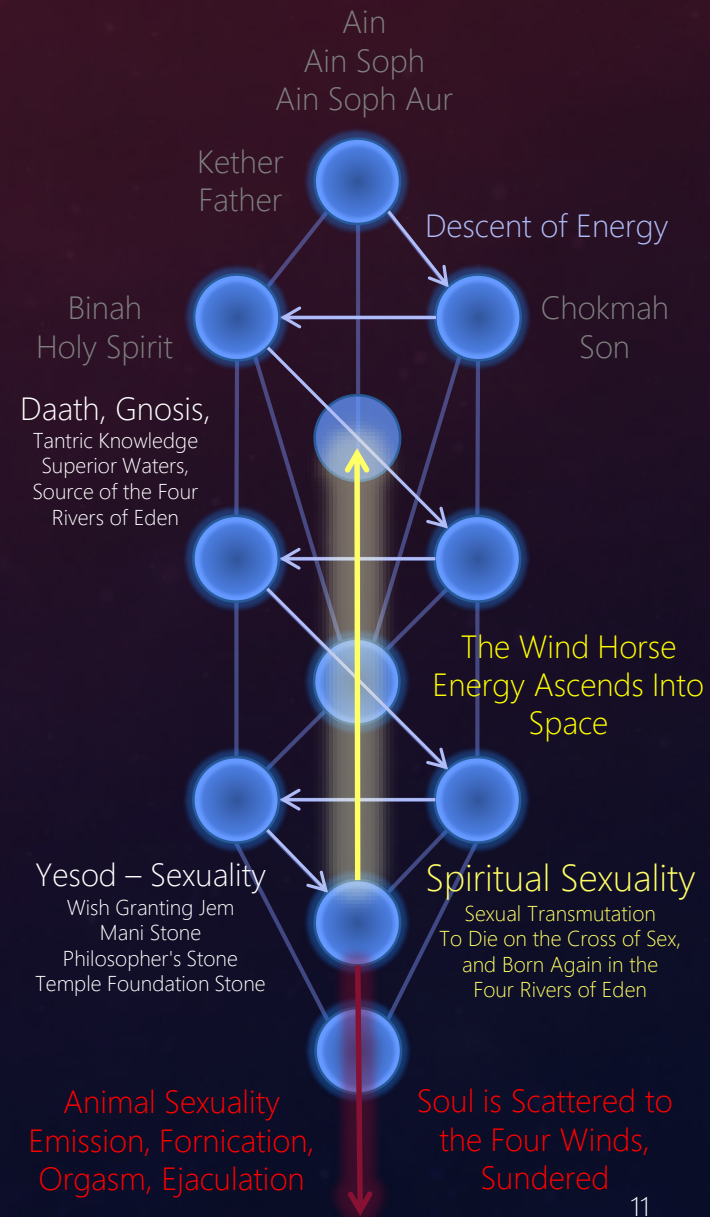
Samael Aun Weor, *Tarot and Kabbalah*

There exists no difference between the Auric Embryo and the Consciousness, because the Auric Embryo is the same Essence but organized, the same Consciousness but objectified and radically liberated from any subconscious process.

Samael Aun Weor, *Hell, The Devil, & Karma*

It is necessary for the Bodhichitta, which means the Auric Embryo, the awakened Consciousness, to fall into the Illuminated Void.

Samael Aun Weor, *The Pistis Sophia Unveiled*



# SEXUAL YEARNING, SPIRITUAL ENTHUSIASM

Sexual functionalism deprived of any spirituality and of any love is only one pole of life.

Sexual yearning and spiritual longing in a complete mystical function constitute in themselves the two radical poles of every sane and creative eroticism.

- Samael Aun Weor, Parsifal Unveiled

White Tantra	Sexual Connection	+	Spiritual Enthusiasm	+	Bodhichitta Renunciation of Desire Transmutation of Energy	=	Spiritual Awakening
Instinctual Sex	Sexual Connection	+	Spiritual Apathy, Materialism	+	Lack of Bodhichitta Desire / Orgasm Emission of Energy	=	Devolution
Black Tantra	Sexual Connection	+	Spiritual Enthusiasm	+	Lack of Bodhichitta Desire / Orgasm Emission with Reabsorption of Energy	=	Demonic Awakening

# BODHICITTA AND RESURRECTION

So also is the anastasis [resurrection] of the dead. It is sown in corruption; it is raised in incorruption: It is sown in dishonour; it is raised in glory: it is sown in weakness; it is raised in power: It is sown a psychikon [soul-image] body; it is raised a pneumatikon [spirit-image] body. There is a psychikon [soul-image] body, and there is a pneumatikon [spirit-image] body. [...]

So when this corruptible has put on incorruption, and this mortal has put on immortality, then shall be brought to pass the saying that is written: "Death is swallowed up in victory."

- 1 Corinthians 15

Bodhicitta is just like the supreme kind of alchemical elixir,  
For it transforms this impure body we have taken  
Into the priceless jewel image of the Victorious One's body.  
Therefore, very firmly seize (this elixir) called bodhicitta!

- Bodhicaryavatara, 1:10

Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.  
That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.  
Marvel not that I said unto thee, Ye must be born again.

- John 3

# BODHICITTA: THE MERCURY THAT MAKES THE GOLDEN BODY OF THE BUDDHA

It is just like the supreme kind of alchemical elixir, a type of mercury known as 'Gold Maker', one ounce of which has the power to transform one thousand ounces of iron into noble gold; for if we embrace with bodhicitta this inferior body, consisting by nature of many impure substances, which we have voluntarily taken for many lifetimes for the welfare of others [...], (then) it, (bodhicitta), transforms (this impure body) into the Victor's body, endowed with the qualities of a jewel whose price cannot be fathomed, the wish-fulfilling jewel which grants protection from all impediments of worldly existence and peace [...].

Therefore, I advise you, "Very firmly and without wavering seize this special elixir called bodhicitta, which possesses such powers!"

Drops of Nectar, Khenpo Kunpal's Commentary on the Bodhicharyavatara

# THE ETHEREAL HUMAN, THE SOUL-HUMAN: THE BODHICHITTA



As we disintegrate the inhuman psychic aggregates, as we crystallize the soul, the highest part of the vital body will break loose from the lower part and will integrate itself completely with the Essence and with the virtues that have crystallized in the Essence.

Samael Aun Weor,  
The Need to Crystallize the Soul (lecture)

# THE ETHEREAL HUMAN, THE SOUL-HUMAN: THE BODHICHITTA



When one achieves the creation of To Soma Psychikon — that is to say, the Christified ethereal body — then this serves as a vehicle for the Essence enriched by the attributes of the soul. This is how the Spirit-human is born in us. The Spirit-human will no longer be imprisoned within the dense body; such a person will become a glorious adept able to enter and leave the dense body at will.

In life there have been few who have succeeded in doing this. It is not irrelevant to cite Saint Francis of Assisi and Anthony of Padua, Christian mystics who have become examples and that will become examples for the people of tomorrow.

Samael Aun Weor, *The Need to Crystalize the Soul* (lecture)



# THREE ASPECTS OF BODHICHITTA

Cognizance of Abstract Space (Shunyata)

Central Pillar  
Consciousness / Bodhichitta

Christic Will, Sacrifice for the Benefit of All Beings

Transmutation of Creative-Sexual Energy (Lungta)

